

**MANONMANIAM SUNDARANAR UNIVERSITY**  
**TIRUNELVELI**



**B.A Social Work SYLLABUS**  
**(for affiliated colleges)**  
**ACADEMIC YEAR 2026-2027**

# **MANONMANIAM SUNDARANAR UNIVERSITY, TIRUNELVELI**

## **OUTCOME BASED EDUCATION - CHOICE BASED CREDIT SYSTEM OPERATIONAL GUIDELINES FOR FRAMING CURRICULUM**

### **VISION AND MISSION OF THE UNIVERSITY**

#### **Vision**

"To provide quality education to reach the un-reached"

#### **Mission**

- ❖ To conduct research, teaching and outreach programmes to improve conditions of human living
- ❖ To offer a wide variety of off-campus educational and training programs, including the use of information technology, to individuals and groups.
- ❖ To develop partnership with industries and government so as to improve the quality of the workplace and to serve as catalyst for economic and cultural development
- ❖ To provide quality / inclusive education, especially for the rural and un-reached segments of economically downtrodden students including women, socially oppressed and differently abled

### **PREAMBLE**

The Bachelor of Social Work (BSW) programme is designed to prepare students for professional social work practice by providing knowledge, skills, values, and attitudes necessary for working with individuals, groups, communities, and organizations. The programme aims to develop socially responsible professionals committed to social justice, human rights, equality, and the welfare of vulnerable and marginalized populations. It combines classroom learning with fieldwork experiences to enable students to understand social problems and contribute effectively to social development and community well-being. The curriculum emphasizes ethical practice, research, communication skills, and professional competence in addressing contemporary social issues.

## **PROGRAMME EDUCATIONAL OUTCOMES (PEO)**

In alignment with the Vision and Mission of the University, the following have been defined as the PEO for the graduates.

**PEO1:** Developing strong positive attitude to learn independently the concepts in the field of study

**PEO2:** Ensuring confidence among the learners to apply the knowledge and skills gained to solve real life issues

**PEO3:** Habituating ethical values among the learners to succeed in personal and professional life

## **PROGRAMME OUTCOMES (PO)**

Programme Outcomes for the Under Graduate and Post Graduate Degree Programmes of the University are articulated as under.

**After the successful completion of Undergraduate Programme from the University, the learner should be able to**

**PO1:** Comprehend the knowledge acquired and communicate the same to others.

**PO2:** Analyse and compare the factual data / situation to comprehend and to critically evaluate to find solution to the problem ahead.

**PO3:** Apply theories and philosophies learned in solving the problem in scientific manner.

**PO4:** Think reflectively on the earlier activities and attempt for self directed lifelong learning process.

**PO5:** Understand multicultural existence and identify the means to prolong moral/ethical values in personal and professional life.

**PO6:** Explore through multiple sources and get exposed to the digital technology

**PO7:** Act as a responsible member in teams and practice leadership qualities

## **Program Specific Outcomes (PSOs)**

On successful completion of Bachelor of B programme, the student should be able to:

PSO1: Gain knowledge on Social Work Profession to practice in the contemporary world.

PSO2: Inculcate social values among the students, so that they become the change agents for the betterment of the society.

PSO3: Engage diversity and difference in practice and sensitize the student community on all the social issues prevailing in the society.

PSO4: Enhance experiential learning through fieldwork practice and apply methods of Social Work for the holistic development of Individual, Groups, Families and Communities.

PSO5: Adopt indigenous models, strategies, and approaches to empower vulnerable sections at various levels of micro, meso and macro systems.

### **Each Course has to address a minimum of 4 PSOs**

Level of contribution of the Course towards attaining PSOs

0 – No Contribution      1 – Low Level      2 – Medium Level      3 – High Level

### **COURSE OUTCOMES (CO)**

**Four Course Outcomes (COs)** for each course that can be achieved by the learners on completion of that particular course are as follows:

Considering outcomes related to

- i. K1 and K2 level of evaluation in all the Units as CO1
- ii. K3 level of evaluation in all the Units as CO2
- iii. K4 level of evaluation in all the Units as CO3
- iv. K5 and K6 level of evaluation in all the Units as CO4.

All the COs proposed in each of the courses should be mapped with POs based on the relevance.

Level of Correlation between COs and POs

0 – No Correlation      1 – Low      2 – Medium      3 – High

**G. Mapping of Course Outcomes (COs)** with Programme Outcomes (POs) and Programme Specific Outcomes (PSOs) can be carried out accordingly, assigning the appropriate level in the grids:

### CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | POs |    |    |    |   |    |    | PSOs |    |    |    |    |    |   |
|--------------------|-----|----|----|----|---|----|----|------|----|----|----|----|----|---|
|                    | 1   | 2  | 3  | 4  | 5 | 6  | 7  | 1    | 2  | 3  | 4  | 5  | 6  | 7 |
| CO1                | 2   | 3  | 2  | 2  | 2 | 3  | 2  | 3    | 2  | 2  | 2  | 2  | 2  | 1 |
| CO2                | 2   | 3  | 3  | 2  | 1 | 2  | 3  | 2    | 3  | 2  | 3  | 3  | 2  | 2 |
| CO3                | 1   | 3  | 3  | 3  | 2 | 3  | 3  | 1    | 3  | 3  | 3  | 2  | 3  | 3 |
| CO4                | 3   | 3  | 2  | 3  | 3 | 2  | 3  | 2    | 3  | 3  | 3  | 3  | 3  | 3 |
| <b>Total Score</b> | 7   | 12 | 10 | 10 | 8 | 10 | 11 | 8    | 11 | 10 | 11 | 10 | 10 | 9 |

### Credit Distribution for UG Programme in B (optional)

| Sem I                                       | Credit | Sem II                                       | Credit | Sem III                                                     | Credit | Sem IV                                        | Credit | Sem V                                              | Credit | Sem VI                                          | Credit |
|---------------------------------------------|--------|----------------------------------------------|--------|-------------------------------------------------------------|--------|-----------------------------------------------|--------|----------------------------------------------------|--------|-------------------------------------------------|--------|
| 1.1. Language - Tamil                       | 3      | 2.1. Language - Tamil                        | 3      | 3.1. Language - Tamil                                       | 3      | 4.1. Language - Tamil                         | 3      | 5.1 Core Course – CC IX                            | 4      | 6.1 Core Course – CC XIII                       | 4      |
| 1.2 English                                 | 3      | 2.2 English                                  | 3      | 3.2 English                                                 | 3      | 4.2 English                                   | 3      | 5.2 Core Course CC X                               | 4      | 6.2 Core Course – CC XIV                        | 4      |
| 1.3 Core Course – CC I                      | 4      | 2.3 Core Course – CC III                     | 4      | 3.3 Core Course – CC V                                      | 4      | 4.3 Core Course – CC VII Core Industry Module | 4      | 5.3. Core Course CC -XI                            | 4      | 6.3 Core Course – CC XV                         | 4      |
| 1.4 Core Course – CC II                     | 4      | 2.4 Core Course – CC IV                      | 4      | 3.4 Core Course – CC VI                                     | 4      | 4.4 Core Course – CC VIII                     | 4      | 5.3. Core Course –/ Project with viva-voce CC -XII | 4      | 6.4 Elective - VII Generic/ Discipline Specific | 3      |
| 1.5 Elective I Generic/ Discipline Specific | 3      | 2.5 Elective II Generic/ Discipline Specific | 3      | 3.5 Elective III Generic/ Discipline Specific               | 3      | 4.5 Elective IV Generic/ Discipline Specific  | 3      | 5.4 Elective V Generic/ Discipline Specific        | 3      | 6.5 Elective VIII Generic/ Discipline Specific  | 3      |
| 1.6 Skill Enhancement Course SEC-1 (NME)    | 2      | 2.6 Skill Enhancement Course SEC-2 (NME)     | 2      | 3.6 Skill Enhancement Course SEC-4, (Entrepreneurial Skill) | 1      | 4.6 Skill Enhancement Course SEC-6            | 2      | 5.5 Elective VI Generic/ Discipline Specific       | 3      | 6.6 Extension Activity                          | 1      |

|                                                               |                            |                                                               |           |                                                               |           |                                                                |           |                                            |           |                                   |            |
|---------------------------------------------------------------|----------------------------|---------------------------------------------------------------|-----------|---------------------------------------------------------------|-----------|----------------------------------------------------------------|-----------|--------------------------------------------|-----------|-----------------------------------|------------|
| 1.7 Ability Enhancement Compulsory Course (AECC) Soft Skill-1 | 2                          | 2.7 Skill Enhancement Course –SEC-3(NME)                      | 2         | 3.7 Skill Enhancement Course SEC-5                            | 2         | 4.7 Skill Enhancement Course SEC-7                             | 2         | 5.6 Value Education                        | 2         | 6.7 Professional Competency Skill | 2          |
| 1.8 Skill Enhancement - (Foundation Course)                   | 2                          | 2.8 Ability Enhancement Compulsory Course (AECC) Soft Skill-2 | 2         | 3.7 Ability Enhancement Compulsory Course (AECC) Soft Skill-3 | 2         | 4.7 7Ability Enhancement Compulsory Course (AECC) Soft Skill-4 | 2         | 5.5 Summer Internship /Industrial Training | 2         |                                   |            |
|                                                               |                            |                                                               |           | 3.8 E.V.S                                                     | -         | 4.8 E.V.S                                                      | 2         |                                            |           |                                   |            |
|                                                               | <b>23</b>                  |                                                               | <b>23</b> |                                                               | <b>22</b> |                                                                | <b>25</b> |                                            | <b>26</b> |                                   | <b>21</b>  |
|                                                               | <b>Total Credit Points</b> |                                                               |           |                                                               |           |                                                                |           |                                            |           |                                   | <b>140</b> |

### Consolidated Semester wise and Component wise Credit distribution

| Parts    | Sem I | Sem II | Sem III | Sem IV | Sem V | Sem VI | Total Credits |
|----------|-------|--------|---------|--------|-------|--------|---------------|
| Part I   | 3     | 3      | 3       | 3      | -     | -      | 12            |
| Part II  | 3     | 3      | 3       | 3      | -     | -      | 12            |
| Part III | 13    | 13     | 12      | 12     | 22    | 18     | 90            |
| Part IV  | 4     | 4      | 6       | 6      | 3     | 2      | 25            |
| Part V   | -     | -      | -       | -      | -     | 1      | 1             |
| Total    | 23    | 23     | 24      | 24     | 25    | 21     | 140           |

### MEASUREMENT OF ATTAINMENT OF COURSE OUTCOME

The Course Outcomes (COs) are measured through the performance of learners by direct and indirect assessment methods for that particular course.

#### i. Internal Assessment (25 Marks)

Tests – 20 Marks

Seminar / Assignments/Attention (Participation) in Class – 5 Marks

#### ii. Semester End Examinations (75 Marks)

Written exams, Practical, Project report, and Comprehensive Viva Voce

#### Note: In both Internal and Semester End Examinations

Lower Order Thinking (K1, K2, & K3) – 60 % in each part

Higher Order Thinking (K4, K5, & K6) – 40 % in each part

Part I, II, and Part III components will be separately taken into account for

CGPA calculation and classification for the undergraduate programme and the other

components. IV, V have to be completed during the duration of the programme as per the norms, to be eligible for obtaining the UG degree.



## **EVALUATION SCHEME**

- B.A B curriculum is divided and studied in six semesters.
- The internal assessments and external examination are the two parts of evaluation scheme.
- The external theory and practical examinations will be conducted by the university at the end of each semester.
- There is a separate passing minimum of 40% for the external and overall components.

### **DISTRIBUTION OF MARKS BETWEEN INTERNAL AND EXTERNAL ASSESSMENT FOR CORE, SKILL ENHANCEMENT, ELECTIVE, AND ALLIED COURSES.**

\* Theory Marks 25: 75

\* Practical Marks 50: 50

Pass minimum of 40% for external and overall components.

#### **1. Internal Assessment.**

Internal Marks for Theory shall be allotted in the following manner

|                                                                                                     |          |
|-----------------------------------------------------------------------------------------------------|----------|
| The average of the best two tests from three compulsory tests.<br>Each test is of one hour duration | 20 marks |
| Assignment                                                                                          | 05 marks |
| Total                                                                                               | 25 Marks |

#### **2. Marks for Practical / Major Project shall be allotted in the following manner**

Internal Marks: 50; External Marks: 50

##### **External evaluation of Project;**

Project report evaluation and Viva-Voce will be conducted by both the External examiner and the Guide at the end of the semester.

#### 4. Internship

Report for Internship / Industrial Visit / Field Visit / Research Institute Visit.

Should be evaluated along with the project at the end of V<sup>th</sup> semester.

Students should submit a report for internship / industrial visit / field visit / Research institute visit/ knowledge up dation activity at the end of the fifth semester with attendance certificate from the concern organisation.

The duration of internship should be 30 hours.

Internal: 50 marks; External: 50 marks

#### 5. Extension Activity:

The student should participate in any one of the programme like NSS, NCC, YRC, RRC, games and sports/ youth welfare activity, outreach programmes etc. the examination / report / evaluation will be conducted at the end of sixth semester.

**6. Naan mudhalvan programme** is compulsory for all the students. Those who failed in naan mudhalvan can write exam for the substitute subject\*.

#### 7. The question pattern for all theory courses shall be as follows.

Duration of Exam: 3 Hours

| Section      | Type of questions                                                                    | Mark Distribution |
|--------------|--------------------------------------------------------------------------------------|-------------------|
| Part A       | Ten Multiple choice question<br>(Two question from each unit compulsory)             | 10 x1=10 Marks    |
| Part B       | Five Internal Choice questions<br>(One question from each unit:<br>either or choice) | 5x5=25 marks      |
| Part C       | Five Internal Choice questions<br>(One question from each unit:<br>either or choice) | 5x8=40 marks      |
| <b>Total</b> |                                                                                      | <b>75 Marks</b>   |

## MODEL QUESTION PAPER

| <b>GENERAL B-I</b><br><b>(For those who joined in July 2026 onwards)</b><br><b>Time: Three hours</b><br><b>Maximum:75 marks</b> |                                                                                                                                                                                    |    |
|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
|                                                                                                                                 | <b>Part-A (10×1=10 marks)</b><br><b>Answer All questions</b>                                                                                                                       |    |
| 1                                                                                                                               | Social Work is best defined as a:<br>a) Commercial activity<br>b) Professional service aimed at helping people solve problems<br>c) Religious practice<br>d) Recreational activity | K1 |
| 2                                                                                                                               | Professional Social Work is based on:<br>a) Personal opinions<br>b) Scientific knowledge and skills<br>c) Political beliefs<br>d) Economic gains                                   | K2 |
| 3                                                                                                                               | Which of the following is a core value of Social Work?<br>a) Social Justice<br>b) Competition<br>c) Profit<br>d) Authority                                                         | K2 |
| 4                                                                                                                               | Which is NOT a primary method of Social Work?<br>a) Casework<br>b) Group Work<br>c) Community Organization<br>d) Accounting                                                        | K1 |
| 5                                                                                                                               | Modern Social Work originated mainly in:<br>a) India<br>b) England<br>c) China                                                                                                     | K1 |

|    |                                                                                                                                                                                                                                                                                                                                                          |    |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
|    | d) Japan                                                                                                                                                                                                                                                                                                                                                 |    |
| 6  | The main objective of the Charity Organization Society was to:<br>a) Promote industrialization<br>b) Coordinate charitable activities and prevent duplication of aid<br>c) Conduct elections<br>d) Establish schools only                                                                                                                                | K2 |
| 7  | Which of the following is considered a primary method of social work?<br>A) Social Action                      B) Social Work Research<br>C) Social Case Work                      D) Social Welfare Administration                                                                                                                                      | K1 |
| 8  | Which foundational skill requires the ability to identify with and understand another person's experience and point of view?<br>A) Empathy   B) Sympathy   C) Confrontation   D) Manipulation                                                                                                                                                            | K3 |
| 9  | Which of the following activities best describes the primary role of a Psychiatric Social Worker?<br>A) Prescribing psychiatric medication<br>B) Providing individual and group therapy, and connecting families to community mental health resources<br>C) Managing the financial budget of the hospital<br>D) Enforcing government healthcare policies | K2 |
| 10 | In Correctional Social Work, what is the primary goal of the social worker?<br>A) To punish the offender for their crimes<br>B) To rehabilitate offenders, facilitate their reintegration into society, and reduce recidivism<br>C) To act as a judge in criminal trials<br>D) To manage prison security systems                                         | K3 |
|    | <b>PART- B (5 x 5 = 25 Marks)</b>                                                                                                                                                                                                                                                                                                                        |    |
| 11 | a) List the objectives of social work?<br>Or<br>b) What are the basic values of social work?                                                                                                                                                                                                                                                             | K2 |
| 12 | a) Compare social work and social welfare?<br>Or<br>b) write a short note on Social inequality?                                                                                                                                                                                                                                                          | K4 |

|    |                                                                                                                                                                                 |    |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 13 | a) Summarize the history of social work in India?<br>Or<br>b) Discuss about the World War I and the Expansion of Social Work?                                                   | K3 |
| 14 | a) Explain the role of interviewing as a social work skills?<br>Or<br>b) Demonstrate how active listening can be used during a client interview?                                | K6 |
| 15 | a) Judge the effectiveness of school social work interventions in improving student welfare?<br>OR<br>b) Critically assess the role of social workers in correctional settings? | K2 |
|    | <b>PART- C (5 X 8 = 40 Marks)</b>                                                                                                                                               |    |
| 16 | a) Describe the scope and functions of social work in contemporary society?<br>Or<br>b) Explain the philosophy and values of social work?                                       | K4 |
| 17 | a) Explain the role of social work in promoting social justice and human rights?<br>Or<br>b) Discuss the contribution of social work to social development?                     | K5 |
| 18 | a) Analyze the Historical evaluation of social work education?<br>Or<br>b) Assess the challenges and opportunities facing the social work profession in India?                  | K5 |
| 19 | a) Discuss the importance communication skills in social work?<br>Or<br>b) Compare social case work, social group work and Community organization as methods of social work?    | K3 |
| 20 | a) Formulate a community awareness program on substance abuse prevention?<br>Or<br>b) Create a comprehensive social welfare plan for elderly care services?                     | K3 |

### **PROGRAMME STRUCTURE**

| Part   | Category                                         | Title of the Subject                                     | Credit | No. of Hours |
|--------|--------------------------------------------------|----------------------------------------------------------|--------|--------------|
| Part-1 | Language – Tamil                                 |                                                          | 3      | 6            |
| Part-2 | English                                          |                                                          | 3      | 4            |
| Part-3 | Core Course – CC I                               | Introduction to Social Work                              | 5      | 5            |
|        | Core Course – CC II                              | Field Work – I                                           | 5      | 5            |
|        | Elective Generic/ Discipline Specific Elective-I | Sociology for Social Work (or)<br>Man and Indian Society | 3      | 4            |
| Part-4 | Skill Enhancement Course -SEC-1 (NME)            | Social Problems in India                                 | 2      | 2            |
|        | Skill Enhancement Course (Foundation Course)     | Skill Lab – I Self awareness and Positivity              | 2      | 2            |
| Total  |                                                  |                                                          | 23     | 30           |

### FIRST YEAR

#### Semester-II

| Part   | Category                                          | Title of the Subject                                           | Credit | No. of Hours |
|--------|---------------------------------------------------|----------------------------------------------------------------|--------|--------------|
| Part-1 | Language – Tamil                                  |                                                                | 3      | 6            |
| Part-2 | English                                           |                                                                | 3      | 4            |
| Part-3 | Core Course – CC III                              | Social Case Work                                               | 5      | 5            |
|        | Core Course – CC IV                               | Field Work – II                                                | 5      | 5            |
|        | Elective Generic/ Discipline Specific Elective-II | Psychology for Social Work (or)<br>Dynamics of Human Behaviour | 3      | 4            |
| Part-4 | Skill Enhancement Course -SEC-2 (NME)             | Marriage and Life Education                                    | 1      | 2            |
|        | Skill Enhancement Course –SEC-3                   | Skill Lab – II Communicative English                           | 1      | 2            |
|        |                                                   | Naan Muthalvan course /<br>Methods of Social Work              | 2      | 2            |
| Total  |                                                   |                                                                | 23     | 30           |

SECOND YEAR

Semester-III

| Part   | Category                                                  | Title of the Subject                                                        | Credit | No. of Hours |
|--------|-----------------------------------------------------------|-----------------------------------------------------------------------------|--------|--------------|
| Part-1 | Language – Tamil                                          |                                                                             | 3      | 6            |
| Part-2 | English                                                   |                                                                             | 3      | 4            |
| Part-3 | Core Course – CC V                                        | Social Group Work                                                           | 4      | 5            |
|        | Core Course – CC VI                                       | Field Work - III                                                            | 4      | 5            |
|        | Elective Generic/ Discipline Specific Elective-III        | Child Rights and Welfare Programmes (or)<br>Crime and Correctional Services | 3      | 4            |
| Part-4 | Skill Enhancement Course-SEC-4 (Entrepreneurial Skill)    | Entrepreneurship Development                                                | 1      | 1            |
|        | Skill Enhancement Course SEC-5                            | Alternative Media                                                           | 2      | 2            |
|        | Ability Enhancement Compulsory Course (AECC) Soft Skill-3 | Life Skills for Social Workers                                              | 2      | 2            |
|        | Environmental Science                                     | Green Social Work                                                           | 1      | 1            |
| Total  |                                                           |                                                                             | 23     | 30           |

SECOND YEAR

Semester-IV

| Part   | Category                                                  | Title of the Subject                                                               | Credit | No. of Hours |
|--------|-----------------------------------------------------------|------------------------------------------------------------------------------------|--------|--------------|
| Part-1 | Language – Tamil                                          |                                                                                    | 3      | 6            |
| Part-2 | English                                                   |                                                                                    | 3      | 4            |
| Part-3 | Core Course – CC VII                                      | Community Organization and Social Action                                           | 4      | 5            |
|        | Core Course – CC VIII                                     | Field Work - IV                                                                    | 4      | 5            |
|        | Elective Generic/ Discipline Specific Elective-IV         | Human Rights and Social Justice (or)<br>Persons with Disability and Rehabilitation | 3      | 4            |
| Part-4 | Skill Enhancement Course SEC-6                            | Skill Lab - III                                                                    | 2      | 2            |
|        | Skill Enhancement Course SEC-7                            | Rural Camp and Social Work Skills                                                  | 2      | 2            |
|        | Ability Enhancement Compulsory Course (AECC) Soft Skill-4 | Competitive Examinations                                                           | 2      | 2            |

|       |                       |                                       |    |    |
|-------|-----------------------|---------------------------------------|----|----|
|       | Environmental Science | Environmental Justice and Social Work | 1  | 1  |
| Total |                       |                                       | 24 | 30 |

*Summer Internship : During summer Vacation after Semester IV. The Credits shall be awarded in the mark statement of Semester – V*

### THIRD YEAR

#### Semester-V

| Part   | List of Courses                                    |                                                                                       | Credit | No. of Hours |
|--------|----------------------------------------------------|---------------------------------------------------------------------------------------|--------|--------------|
| Part-3 | Core Course – CC IX                                | Social Work Research and Statistics                                                   | 4      | 5            |
|        | Core Course – CC X                                 | Social Welfare Administration                                                         | 4      | 5            |
|        | Core Course CC –XI                                 | Field Work - V                                                                        | 4      | 5            |
|        | Core Course –/ Project with Viva-voce CC –XII      | Research Project                                                                      | 4      | 5            |
|        | Elective Generic/ Discipline Specific Elective –V  | Disaster Management and Social Work Interventions (or)<br>Conflict and Peace Building | 3      | 4            |
|        | Elective Generic/ Discipline Specific Elective –VI | Family and Child Welfare (or)<br>Labour Management                                    | 3      | 4            |
| Part-4 | Value Education                                    | Value Education                                                                       | 2      | 2            |
|        | Summer Internship /Industr                         | Summer Internship Training                                                            | 2      | -            |
|        | ial Training                                       |                                                                                       |        |              |
| Total  |                                                    |                                                                                       | 26     | 30           |

### THIRD YEAR

#### Semester-VI

| Part | List of Courses                       |                                      | Credit | No. of Hours |
|------|---------------------------------------|--------------------------------------|--------|--------------|
|      | Core Course – CC XIII                 | Economic and Political System        | 4      | 6            |
|      | Core Course – CC XIV                  | Industrial Psychology                | 4      | 6            |
|      | Core Course – CC XV                   | Field Work – VI                      | 4      | 6            |
|      | Elective Generic/ Discipline Specific | Corporate Social Responsibility (or) | 3      | 5            |



|        |                                                         |                                                                   |    |    |
|--------|---------------------------------------------------------|-------------------------------------------------------------------|----|----|
| Part-3 | Elective -VII                                           | Healthcare and Social Work                                        |    |    |
|        | Elective Generic/ Discipline Specific<br>Elective -VIII | Social Exclusion and Inclusive<br>Development (or)<br>Counselling | 3  | 5  |
| Part-4 | Extension Activity                                      | NSS/NCC/NAVY/ AICUF/ Club /<br>Forum etc.,                        | 1  | -  |
|        | Professional Competency Skill                           | Computer Training                                                 | 2  | 2  |
|        | Total                                                   |                                                                   | 21 | 30 |

Total Credits – 140

**Remarks: English Soft Skill Two Hours Will be handled by English Teachers  
(4+2 = 6 hours for English).**

## FIRST YEAR –SEMESTER- I

| Subject Code                                                                                                                                      | Subject Name                | Category          | L | T | P | S | Credits | Inst. Hours | Marks              |          |               |
|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|-------------------|---|---|---|---|---------|-------------|--------------------|----------|---------------|
|                                                                                                                                                   |                             |                   |   |   |   |   |         |             | CIA                | External | Total         |
|                                                                                                                                                   | INTRODUCTION TO SOCIAL WORK | Core Course CC -I | 5 |   |   |   | 5       | 5           | 25                 | 75       | 100           |
| <b>Course Outcome</b><br><b>On completion of this course, Students will be able to</b>                                                            |                             |                   |   |   |   |   |         |             |                    |          |               |
|                                                                                                                                                   |                             |                   |   |   |   |   |         |             | Taxonomy levels    |          |               |
| CO 1 : Identify and Define, Concepts Objectives, Ethics, and Principles of social work                                                            |                             |                   |   |   |   |   |         |             | K1, K2, K3         |          |               |
| CO2 : Understand the basics concept of social work                                                                                                |                             |                   |   |   |   |   |         |             | K2, K3, K4         |          |               |
| CO3 : Analyse the history of Social Work                                                                                                          |                             |                   |   |   |   |   |         |             | K3, K4             |          |               |
| CO4 : Learned the social work methods skills and traits of social worker and the methods of social work in various fields of social work practice |                             |                   |   |   |   |   |         |             | K3, K4, K5, K6, K7 |          |               |
| UNIT                                                                                                                                              | Contents                    |                   |   |   |   |   |         |             |                    |          | No . of Hours |

|     |                                                                                                                                                                                                                                                                                      |           |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| I   | <b>Introduction to Social Work:</b> Definition, concept, Objectives, Nature and scope, Principles, Values and Ethics. Social Work as a Profession.                                                                                                                                   | 15        |
| II  | <b>Basic Concepts in Social Work:</b> Social Service, Social Welfare, Social Assistance, Social Development, Social Security, Social Justice, Social Inequality, Social Defense.                                                                                                     | 18        |
| III | <b>History of Social Work:</b> History of Social Work – USA,UK and India. Emergence of Social work as Education in India                                                                                                                                                             | 15        |
| IV  | Skills and Methods of Social Work: Core Social Worker Skills and Traits,<br><br>Methods of Social Work-Primary methods:Social case work,Social group work and Community organisation.<br><br>Secondary methods:Social work research ,Social Action and Social welfare Administration | 15        |
| V   | <b>Fields of Social Work Practice:</b> Health Settings, Family and Child Welfare Settings, Correctional Settings, Industrial Settings, Welfare of Youth, Aged and Differently Abled .Role of Social Worker.                                                                          | 12        |
|     | <b>Elasticity of Demand- Profit Maximization Rule.</b>                                                                                                                                                                                                                               |           |
|     | <b>Total</b>                                                                                                                                                                                                                                                                         | <b>75</b> |

#### **Text Books:**

1. Ahuja, Ram.(2002). *Indian Social Systems*, New Delhi: Rawat Publications.
2. Bhattacharya, Sanjay.(2003). *Social Work: An Integrated Approach*, Delhi: Deep & Deep Publications.
3. Choudry, Paul D.(1983). *Introduction to Social Work*, New Delhi: Atma Ram Publications.
4. Chandrasekar.(2012). *New Heights in Contemporary Social Work*, Delhi: Cyber Tech Publications.
5. Joshi, S. C.(2004). *Handbook of Social Work*, New Delhi: Akansha Publications.

#### **Books for References:**

1. Bhattacharya, S.(2003). *Social Work –An Integrated Approach*. Deep& Deep publication.
2. Rameshwari Devi & Ravi Prakash.(1998). *Social work and Social Welfare Administration (Method and Practice)*. Mangal Deep Publication.

3. Sanjay Roy.(2011).*Introduction to Social Work & practice in India*. Akansha publishing.
4. Saxena, S.K.(2011). *Social Movements in India*, New Delhi: Centrum Press Publications.
5. Singh,K.(2011).*An Introduction to Social Work*.ABD Publishers.

**Online Resources:**

1. <http://sites.google.com/socialwork>
2. [https://en.wikipedia.org/wiki/Social\\_work](https://en.wikipedia.org/wiki/Social_work)
3. <http://www.disabilityaffairs.gov.in/upload/uploadfiles/files/RPWD%20ACT%202016.pdf>
4. [https://youtube.com/channel/UCedfu\\_XQsbrhtOUjzhcwaYw](https://youtube.com/channel/UCedfu_XQsbrhtOUjzhcwaYw)
5. <https://youtube.com/user/kkhsou>

## CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

## FIRST YEAR –SEMESTER- I

| Subject Code                                                                                                                                         | Subject Name                                                                                                                                                                                                                    | Category                                                 | L | T | P | S | Credits | Inst. Hours | Marks |          |               |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|---|---|---|---|---------|-------------|-------|----------|---------------|
|                                                                                                                                                      |                                                                                                                                                                                                                                 |                                                          |   |   |   |   |         |             | CIA   | External | Total         |
|                                                                                                                                                      | <b>SOCIOLOGY FOR SOCIAL WORK</b>                                                                                                                                                                                                | <b>Elective Generic/ Discipline Specific Elective- I</b> | 4 |   |   |   | 3       | 4           | 25    | 75       | 100           |
| <b>Course Outcome</b><br><b>On completion of this course, Students will be able to</b>                                                               |                                                                                                                                                                                                                                 |                                                          |   |   |   |   |         |             |       |          |               |
| CO 1 : To define the concepts in Sociology and its relevance to Social Work                                                                          |                                                                                                                                                                                                                                 |                                                          |   |   |   |   |         |             |       |          |               |
| CO2 : To understand Social Stratification and its significance in the Society                                                                        |                                                                                                                                                                                                                                 |                                                          |   |   |   |   |         |             |       |          |               |
| CO3 : To know the need and importance of Social Institutions                                                                                         |                                                                                                                                                                                                                                 |                                                          |   |   |   |   |         |             |       |          |               |
| CO4 : To understand the concept , characteristics and functions of socialization and engage in debates and discussions on contemporary Social Issues |                                                                                                                                                                                                                                 |                                                          |   |   |   |   |         |             |       |          |               |
| UNIT                                                                                                                                                 | Contents                                                                                                                                                                                                                        |                                                          |   |   |   |   |         |             |       |          | No . of Hours |
| I                                                                                                                                                    | <b>Introduction to Sociology:</b> Sociology –Definition, Sociology as a discipline and its relevance for Social work, Relationship between Sociology and Social work.<br><b>Society:</b> Definition, Types and characteristics. |                                                          |   |   |   |   |         |             |       |          | 15            |
| II                                                                                                                                                   | <b>Social Stratification:</b> Social Stratification –Definition, Characteristics, Types, caste, class and Gender. Impact of caste. Concept of Social Change and cultural lag.                                                   |                                                          |   |   |   |   |         |             |       |          | 18            |
| III                                                                                                                                                  | <b>Social Institutions:</b> Social Institutions – Definition., Elements of Social Institution, characteristics and Function. Family, Marriage, Education, Economy, Polity and Religion                                          |                                                          |   |   |   |   |         |             |       |          | 15            |

|    |                                                                                                                                                                                  |           |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| IV | <b>Socialization:</b> Definition, Characteristics, Importance and Functions. Agencies of Socialization.                                                                          | 15        |
| V  | <b>Social Problems in India:</b> Meaning, Definition, Types, Causes of Social Problems in India – Poverty, Unemployment, Illiteracy, Crime, Addiction and Gender Discrimination. | 12        |
|    | <b>Elasticity of Demand- Profit Maximization Rule.</b>                                                                                                                           |           |
|    | <b>Total</b>                                                                                                                                                                     | <b>75</b> |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Text Books</b></p> <ol style="list-style-type: none"> <li>1. Giddens, A., Duneier, M., (2000). Introduction to Sociology. United Kingdom: W.W. Norton.</li> <li>2. Bottmore. T.B., 1980: Sociology: “A Guide to Problems and literature”, New Delhi. McGraw Hill</li> <li>3. Kapadia, K.M., (1966) Marriage and Family in India, New Delhi: Oxford University Press</li> <li>4. Rao Shankar, (2006) Sociology of Indian Society, New Delhi: S Chand</li> <li>5. Srinivas M.N., 1966: Social Change in India: New Delhi, Orient Longman</li> </ol>                                            |
| <p><b>Books for Reference</b></p> <ol style="list-style-type: none"> <li>1. Dhanagare, D., N. (1993) Indian Sociology, Jaipur and New Delhi: Rawat Publications</li> <li>2. Prabhu, P.H., (1970) Hindu Social Organization, Madras: Popular Prakasham</li> <li>3. Shah A.M., (2010) The structure of Indian Society: Then and Now, New Delhi, Routledge</li> <li>4. Singh, Yogendra, (1973) Modernization of Indian Tradition, New Delhi: Thompson Press</li> <li>5. Srinivas, M.N., (1995) Social Change in Modern India, Madras: Allied Publishers</li> </ol>                                    |
| <p><b>Web Resources</b></p> <ol style="list-style-type: none"> <li>1. <a href="http://www.sociologyguide.com/">http://www.sociologyguide.com/</a></li> <li>2. <a href="http://www.importantindia.com/3910/essay-on-social-problems-in-india/">http://www.importantindia.com/3910/essay-on-social-problems-in-india/</a></li> <li>3. <a href="https://www.researchgate.net">https://www.researchgate.net</a></li> <li>4. <a href="https://shodhganga.inflibnet.ac.in/">https://shodhganga.inflibnet.ac.in/</a></li> <li>5. <a href="http://www.ignou.ac.in/">http://www.ignou.ac.in/</a></li> </ol> |

## CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

## FIRST YEAR – SEMESTER- I

| Subject Code                                                                                                 | Subject Name           | Category                                           | L | T | P | S | Credits | Inst. Hours | Marks |          |       |
|--------------------------------------------------------------------------------------------------------------|------------------------|----------------------------------------------------|---|---|---|---|---------|-------------|-------|----------|-------|
|                                                                                                              |                        |                                                    |   |   |   |   |         |             | CIA   | External | Total |
|                                                                                                              | MAN AND INDIAN SOCIETY | Elective Generic/ Discipline Specific Elective – 1 | 4 |   |   |   | 3       | 4           | 25    | 75       | 100   |
| <b>Course Outcome</b><br><b>On completion of this course, Students will be able to</b>                       |                        |                                                    |   |   |   |   |         |             |       |          |       |
| CO 1 : To find the relevance of understanding Indian Society                                                 |                        |                                                    |   |   |   |   |         |             |       |          |       |
| CO2 : To understand the Components of Indian Society                                                         |                        |                                                    |   |   |   |   |         |             |       |          |       |
| CO3 : To apply the science and technological knowledge acquired about Society in the practice of Social Work |                        |                                                    |   |   |   |   |         |             |       |          |       |

|                                                                                                                                                                                    |                                                                                                                                                                                                                                    |                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|
| <b>CO4 : To acquire knowledge on social change and to use critical skills to evaluate modern change in Society and to analyse the forms of social control and types of groups.</b> |                                                                                                                                                                                                                                    |                      |
| <b>UNIT</b>                                                                                                                                                                        | <b>Contents</b>                                                                                                                                                                                                                    | <b>No . of Hours</b> |
| I                                                                                                                                                                                  | <b>Society and Culture: Meaning and Concept of Society</b> -Community and Association-Man as a social animal-Culture-Meaning and definition-Characteristics of Indian culture-Cultural change.                                     | 15                   |
| II                                                                                                                                                                                 | <b>Indian Society:</b> Community – Meaning, Definition and Types. Unity and Diversity-Rural and Urban Society-Tribes and Marginalized Communities-Religion and Secularism in India.                                                | 18                   |
| III                                                                                                                                                                                | <b>Society, Science and Development:</b> Science and Technology in Society-Development and social progress-Environment and society-Human rights and social justice.                                                                | 15                   |
| IV                                                                                                                                                                                 | <b>Social change:</b> Meaning of Social change-Modernization-Westernization-Sanskritization-Urbanization-Globalization-Social movements in India.                                                                                  | 15                   |
| V                                                                                                                                                                                  | <b>Social Structure and Social groups:</b><br>Social Control – Meaning, Definition, Forms of Social Control. Social groups: meaning and definition-Types: Primary group and secondary group-In group and Out group-Reference group | 12                   |
| <b>Total</b>                                                                                                                                                                       |                                                                                                                                                                                                                                    | <b>75</b>            |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Text Books</b> <ol style="list-style-type: none"> <li>1. Ahuja, Ram. (1999) Society in India: Concepts, Theories and Changing Trends, Jaipur: Rawat Publications</li> <li>2. Bottmore. T.B, 1980: Sociology: “A Guide to Problems and literature”, New Delhi. McGraw Hill</li> <li>3. Kapadia, K.M., (1966) Marriage and Family in India, New Delhi: Oxford University Press</li> <li>4. Rao Shankar, (2006) Sociology of Indian Society, New Delhi: S Chand</li> <li>5. Srinivas, M.N., (1970) Social Change in Modern India, Madras: Allied Publishers</li> </ol> |
| <b>Books for Reference</b> <ol style="list-style-type: none"> <li>1. Chris Yuill. (2011) Sociology for Social Work. New Delhi: Sage Publication</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                             |



2. Dhanagare, D., N. (1993) Indian Sociology, Jaipur and New Delhi: Rawat Publications
3. Prabhu, P.H., (1970) Hindu Social Organization, Madras: Popular Prakasham
4. Shah A.M., (2010) The structure of Indian Society: Then and Now, New Delhi, Routledge
5. Singh, Yogendra, (1973) Modernization of Indian Tradition, New Delhi: Thompson Press

#### Web Resources

1. <http://www.sociologyguide.com/>
2. <http://www.importantindia.com/3910/essay-on-social-problems-in-india/>
3. <http://www.ignou.ac.in>
4. <https://www.researchgate.net>
5. <https://shodhganga.inflibnet.ac.in/>

#### CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and PSOs

0 – No Correlation

1 – Low

2 – Medium

3 – H

## FIRST YEAR –SEMESTER- I

| Subject Code                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Subject Name                                                                                                                                                                      | Category                                          | L | T | P | S | Credits | Inst. Hours | Marks |          |              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|---|---|---|---|---------|-------------|-------|----------|--------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                   |                                                   |   |   |   |   |         |             | CIA   | External | Total        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>SOCIAL PROBLEMS IN INDIA</b>                                                                                                                                                   | <b>Skill Enhancement Int Course - Sec-1 (NME)</b> | 2 |   |   |   | 2       | 2           | 25    | 75       | 100          |
| <b>Course Outcome</b><br>On completion of this course, Students will be able to<br><b>CO1: To find the relevance of understanding the various Social Problems in India</b><br><b>CO2: To recognize the various types of Social Problems</b><br><b>CO3: To apply the knowledge acquired about Social Problems in its eradication</b><br><b>CO4: To analyse the issues and challenges of correctional measures and rehabilitation of crime and juvenile delinquency and experiment the Welfare Schemes for the eradication of Social Problems in India.</b> |                                                                                                                                                                                   |                                                   |   |   |   |   |         |             |       |          |              |
| UNIT                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Contents                                                                                                                                                                          |                                                   |   |   |   |   |         |             |       |          | No. of Hours |
| I                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Introduction to Social Problems in India:</b> Meaning, Definition, Characteristics of Social Problems, Role of SDGs in Social Problems                                         |                                                   |   |   |   |   |         |             |       |          | 15           |
| II                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>Population and Related problems:</b> Population explosion-Family Welfare Programmes-Migration and urbanisation-Slums and housing problems-Health and sanitation issues.        |                                                   |   |   |   |   |         |             |       |          | 15           |
| III                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Gender and Family Problems:</b> Gender Inequality- Violence against women – Dowry system- Domestic violence –Divorce and family disorganization- child abuse and child labour. |                                                   |   |   |   |   |         |             |       |          | 15           |

|    |                                                                                                                                                                                                                   |           |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| IV | <b>Crime and Juvenile Delinquency: Crime</b> – Meaning, Definition, Causes, Types. White - collar crime-cyber crime-Juvenile Delinquency: Meaning-causes-Correctional measures and Rehabilitation                 | 15        |
| V  | <b>Social Welfare:</b> Meaning, Definition, Role of State Social Welfare Department, Voluntary Social Welfare Organisation and National Council of Social Welfare in the eradication of Social Problems in India. | 15        |
|    | <b>Total</b>                                                                                                                                                                                                      | <b>75</b> |

#### **Books for Study**

1. Ahuja Ram, (2014) Social Problems in India, Jaipur: Rawat Publications
2. Madan G.R. (2009) Indian Social Problems, New Delhi: Allied Publishers
3. Parrillo Vincent N. (2008) Encyclopedia of Social Problems. California: Sage Publication
4. Rao Shankar (2017) Indian Social Problems A Sociological Perspective, New Delhi: S. Chand
5. Sarkar Sukanta (2015) Social Problems in India. New Delhi: Gyan Books

#### **Books for Reference**

1. Govinda Rangachar and Poornima M, (2019), India's Social Sector and SDGs Problems and Prospects: Oxfordshire, England UK, Routledge India
2. Rao Shankar (2006) Sociology of Indian Society, New Delhi, S. Chand
3. Shah A.M., (2010) The structure of Indian Society: Then and Now: New Delhi, Routledge
4. Sharma, K.R., (1997). Indian Society, New Delhi: Atlantic Publishers
5. Srinivas M.N, (1980). India's Social Structure, New Delhi: Hindustan Publication

#### **Web Resources**

1. <http://www.sociologyguide.com/>
2. <http://www.importantindia.com/3910/essay-on-social-problems-in-india/>
3. <http://www.insoso.org/>
4. <https://www.egyankosh.ac.in/>
5. <https://shodhganga.inflibnet.ac.in/>

## CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and Pos

0 – No Correlation    1 – Low    2 – Medium    3 – High

## FIRST YEAR –SEMESTER- I

| Subject Code | Subject Name | Category            | L | T | P | S | Credits | Inst. Hours | Marks |          |       |
|--------------|--------------|---------------------|---|---|---|---|---------|-------------|-------|----------|-------|
|              |              |                     |   |   |   |   |         |             | CIA   | External | Total |
|              | Fieldwork -1 | Core Course(CC III) | 5 |   |   |   | 5       | 5           | 25    | 75       | 100   |

### Course Outcome

**The Successful completion of this course shall enable the student.**

**CO1:** Predict own behaviour and analyze its impact

**CO2:** Asses the skills to establish relationship with individuals, groups and communities

**CO3:** Experience the activities of various agencies

**CO4:** Analyze the various projects of government and non-government organizations and develop report writing skill and understand role of professional Social Workers in different settings

| UNIT | Contents                                                                                                                 | No. of Hours |
|------|--------------------------------------------------------------------------------------------------------------------------|--------------|
| I    | <b>Interpersonal Relationships</b><br>(Concept, skills, importance and relevance to social work)                         | 15           |
| II   | <b>Communication Skills</b><br>(Concept, type, importance and relevance to social work)                                  | 15           |
| III  | <b>Documentation &amp; Report Writing Skills.</b><br>(Concept, Types of Report, importance and relevance to social work) | 15           |
| IV   | <b>Societal Analysis</b><br>(Concept, Tools and techniques, importance and relevance to social work)                     | 15           |
| V    | <b>Understanding Group Behavior</b><br>(Concept, importance and relevance to social work)                                | 15           |
|      | <b>Total</b>                                                                                                             | <b>75</b>    |

### CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

## FIRST YEAR –SEMESTER- I

| Subject Code                                                                                                                                                                         | Subject Name                                                                                                                                                   | Category    | L               | T | P | S | Credits | Inst. Hours | Marks |          |              |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-----------------|---|---|---|---------|-------------|-------|----------|--------------|
|                                                                                                                                                                                      |                                                                                                                                                                |             |                 |   |   |   |         |             | CIA   | External | Total        |
|                                                                                                                                                                                      | SELF AWARENESS AND POSITIVITY                                                                                                                                  | SKILL LAB 1 | 2               |   |   |   | 2       | 2           | 25    | 75       | 100          |
| <b>Course Outcome</b>                                                                                                                                                                |                                                                                                                                                                |             |                 |   |   |   |         |             |       |          |              |
| On completion of this course, Students will be able to                                                                                                                               |                                                                                                                                                                |             |                 |   |   |   |         |             |       |          |              |
|                                                                                                                                                                                      |                                                                                                                                                                |             | Taxonomy Levels |   |   |   |         |             |       |          |              |
| CO1: Facilitate students self-awareness                                                                                                                                              |                                                                                                                                                                |             | K1, K2, K3      |   |   |   |         |             |       |          |              |
| CO2: Exploration of values, beliefs and socio-cognitive skills for active participation as responsible citizenship                                                                   |                                                                                                                                                                |             | K2, K3, K4      |   |   |   |         |             |       |          |              |
| CO3: To be mindfulness and positivity                                                                                                                                                |                                                                                                                                                                |             | K3, K4          |   |   |   |         |             |       |          |              |
| CO4: Fostering effective self-evaluation, networking group work, social responsibility and service leadership and to become responsible leaders in the local community and globality |                                                                                                                                                                |             | K1, K3, K4, K5  |   |   |   |         |             |       |          |              |
| UNIT                                                                                                                                                                                 | Contents                                                                                                                                                       |             |                 |   |   |   |         |             |       |          | No. of Hours |
| I                                                                                                                                                                                    | Self - Awareness: Meaning, Levels, and Types of self-awareness. Need and Importance of understanding self, Ways to improve self-awareness.                     |             |                 |   |   |   |         |             |       |          | 15           |
| II                                                                                                                                                                                   | <b>Self-Discovery:</b> Discovering the Self; the importance of self-discovery, Steps in discovering self, Setting Goals; Beliefs, Values, Attitude and Virtue. |             |                 |   |   |   |         |             |       |          | 15           |
| III                                                                                                                                                                                  | Self Management: Understanding the importance of managing self, skills in managing self, SWOT analysis.                                                        |             |                 |   |   |   |         |             |       |          | 15           |

|    |                                                                                                                                   |           |
|----|-----------------------------------------------------------------------------------------------------------------------------------|-----------|
| IV | <b>Positivity and Motivation:</b> Developing Positive Thinking and Attitude; Driving out Negativity, Enhancing Motivation Levels. | 15        |
| V  | <b>Self-Image:</b> Meaning, the importance of a positive self-image and self-image-building techniques.                           | 15        |
|    | <b>Total</b>                                                                                                                      | <b>75</b> |

#### **Text Books:**

1. Vikas. 2010. Life Skill Manual. Government of Karnataka. Karnataka Jnana Aayoga.
2. Manika Gosh. 2009. Positivity- A way of life. Orient blackswanpvt.ltd.
3. Swami Vivekananda.2011. Personality Development. Published by Ramakrishna Math.
4. Ishitha V. Chirrimar. 2003.The Power Of Positive Thinking. Clever fox publishing, Chennai.
5. Mangal.S.K. 2017. Introduction to Psychology. Sterling Publishers. New Delhi.

#### **Books for References:**

1. Amit Goswami. 1995. The Self-Aware Universe: How Consciousness Creates the Material World. Published by TarcherPerigee.
2. Travis Bradberry. 2009. Self-Awareness: The Hidden Driver of Success and Satisfaction. Published by TarcherPerigee.
3. Stephen R. Covey. 2013. The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change. Simon & Schuster
4. Tom Rath. 2011. StrengthsFinder 2.0. Gallup Press. Newyork.
5. Veronika Tugaleva. 2017. The Art of Talking to Yourself. Soulux press.

#### **Web Resources:**

1. <https://www.verywellmind.com/what-is-self-awareness-2795023>
2. <https://alifeoutstanding.com/self-discovery/>
3. <https://asana.com/resources/self-management>
4. <https://larrysanger.org/2018/06/positivity-and-motivation/>
5. <https://positivepsychology.com/self-image/>



### CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

### FIRST YEAR – SEMESTER- II

| Subject Code                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Subject Name            | Category                    | L | T | P | S | Credits | Inst. Hours | Marks |          |                     |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-----------------------------|---|---|---|---|---------|-------------|-------|----------|---------------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                         |                             |   |   |   |   |         |             | CIA   | External | Total               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>SOCIAL CASE WORK</b> | <b>Core Course (CC III)</b> | 5 |   |   |   | 5       | 5           | 25    | 75       | 100                 |
| <b>Course Outcome</b><br><b>On completion of this course, Students will be able to</b><br>CO1 : To learn the concept and Principles of Social Case Work<br>CO2 : To understand the process of Social Case Work.<br>CO3: To apply the suitable models to resolve the problems of Individuals.<br>CO4: To develop the ability to critically analyse the problems of individuals and skills for working with individuals in various practice settings and to evaluate the students to work with Individuals in various settings. |                         |                             |   |   |   |   |         |             |       |          |                     |
| <b>UNIT</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>Contents</b>         |                             |   |   |   |   |         |             |       |          | <b>No. of Hours</b> |

|     |                                                                                                                                                                                                                                                                                                                                                                           |           |
|-----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| I   | <b>Social Case Work:</b> Definition, Nature, Purpose of Social Case Work.- values and goals social case work Historical development of Social Case work in India. Skills and Roles of Case Worker. Principles of Social Case Work.                                                                                                                                        | 15        |
| II  | <b>Components and Tools of Social Case Work: Components:</b> Person, Problem, Place and Process.(4p's) <b>Case worker- client relationship:</b> Meaning and Importance, Characteristics of Professional Relationship - Transference and Counter transference, Resistance. <b>Case Work Tools:</b> Observation, Listening, Interview, Collateral Contacts and Home Visits. | 15        |
| III | <b>Case Work Process</b> – Study (Case recording, Interview, Collateral contacts etc) Diagnosis - Treatment (methods and techniques), Follow – up and termination. <b>Recording:</b> Uses, Principles, Types, Structure and Content,                                                                                                                                      | 15        |
| IV  | <b>Social Case Work models and approaches:</b> Psycho-Social approach, Functional approach, Problem-Solving approach, Behavioural Modification, psycho dynamic Approach, social learning approach, electric and crisis intervention.                                                                                                                                      | 15        |
| V   | <b>Role of Case worker in various settings:</b> Family, School, Hospital, Community, Industrial and Correctional settings. Illustrations from Indian context.                                                                                                                                                                                                             | 15        |
|     | <b>Total</b>                                                                                                                                                                                                                                                                                                                                                              | <b>75</b> |

|                                                                                                                              |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| <b>Text Books</b>                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Bhattacharya, S. (2009). Social case work administration and development. NewDelhi: Rawat Publications.                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2. Harris, F.J., 1970 Social Case Work, Oxford University Press, Nairobi.                                                    |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3. Mathew, G., & Tata Institute of Social, S. (1992). An introduction to social casework: Tata Institute of Social Sciences. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4. Timms, N. (1972). Recording in social work: Routledge and K. Paul.                                                        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5. Upadhyay, R. K. (2003). Social casework: A therapeutic approach. New Delhi: Rawat Publication                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <b>Books for References:</b>                                                                                                 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Jeffrey, K. A., & Shepard, D. S. (2009). Counselling: theories and practice. New Delhi: Cengage Learning India Pvt. Ltd.  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2. Goldstein H. 1979, Social Work Practice: A Unitary Approach, Carolina, University Carolina Press.                         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3. Hamilton, G. 1946, Principles of Social Case Recording, New York, Columbia University Press.                              |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4. Helen, 1995, Social Case Work: A Problem Solving Process, The University of Chicago                                       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5. Robert W, Roberts Robert H. Nee, 2000 Theories of Social Casework, University of Chicago Press, Chicago.                  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <b>Web Resources</b>                                                                                                         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. <a href="https://www.socialworkin.com">https://www.socialworkin.com</a>                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 2. <a href="https://www.guide2socialwork.com/social-group-work/">https://www.guide2socialwork.com/social-group-work/</a>     |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 3. <a href="https://www.socialwelfare.library.vcu.edu">https://www.socialwelfare.library.vcu.edu</a>                         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 4. <a href="http://www.ignou.ac.in">http://www.ignou.ac.in</a>                                                               |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 5. <a href="https://www.researchgate.net">https://www.researchgate.net</a>                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

### CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

## FIRST YEAR –SEMESTER- II

| Subject Code                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Subject Name                                                                                                                                                                                                                                                                                                                                                                                                | Category                         | L | T | P | S | Credits | Inst. Hours | Marks |          |              |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|---|---|---|---|---------|-------------|-------|----------|--------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                             |                                  |   |   |   |   |         |             | CIA   | External | Total        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>PSYCHOLOGY FOR SOCIAL WORK</b>                                                                                                                                                                                                                                                                                                                                                                           | <b>Elective Generic (DSE II)</b> | 4 |   |   |   | 3       | 4           | 25    | 75       | 100          |
| <b>Course Outcome</b><br><b>On completion of this course, Students will be able to</b><br>CO1: To be aware of the application of psychology in social work practice<br>CO2: To understand the principles and process of human growth and development<br>CO3: To evaluate various developmental tasks and hazards in the human development process<br>CO4: To understand the theories of development and their application in social work and to evaluate various intervention methods for mental health. |                                                                                                                                                                                                                                                                                                                                                                                                             |                                  |   |   |   |   |         |             |       |          |              |
| UNIT                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Contents                                                                                                                                                                                                                                                                                                                                                                                                    |                                  |   |   |   |   |         |             |       |          | No. of Hours |
| I                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>Introduction to Psychology:</b> Definition, nature and scope of Psychology. Methods of Psychology.<br>Perception: Meaning, Perceptual process, Factors influencing Perception and Principles of Socialization. Gestalt Principle of Perception.<br>Definition and Objectives of Sensation.                                                                                                               |                                  |   |   |   |   |         |             |       |          | 15           |
| II                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Learning, Memory and Cognitive process;</b> Definition of Learning, classical conditioning, Operant conditioning, Observational Learning and Problem Solving.<br><b>Memory and Forgetting:</b> Meaning of Memory and its types. Theories of encoding, Storage and retrieval.<br>Theories-Piaget's theory of Cognitive Development, Bandura's Social Cognitive theory and Vygotsky's theory of Cognition. |                                  |   |   |   |   |         |             |       |          | 15           |
| III                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>Personality and Motivation:</b> Definition of Personality, Theories of Personality(Sigmund Freud Psychoanalytic Theory ,Erickson's Psychosocial Development and Alfred Adler)<br><b>Motivation and Emotion:</b> Concept of needs, drives and Maslow's                                                                                                                                                    |                                  |   |   |   |   |         |             |       |          | 15           |

|    |                                                                                                                                                                                                                                                                                                                                                                                  |           |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
|    | Hierarchy of motives. Nature and Characteristics of Emotion. Adaptive and Disruptive qualities of emotion.                                                                                                                                                                                                                                                                       |           |
| IV | <b>Attitude and Adjustment:</b> Meaning, Attitude Formation, Attitude change, Stereotypes and Prejudice. Origins of prejudice and Discrimination and the way to compact them. Cognitive Dissonance Theory.<br><b>Adjustment:</b> Meaning of Adjustment and Mal adjustment. Defence Mechanism. Frustration, Stress and Conflict.                                                  | 15        |
| V  | <b>Application of Psychology in Social Work:</b><br>Human Growth and Development: Phases of Human development (Prenatal to old age), Nature and Nurture.<br><b>Psychological Interventions:</b> Behaviour modification, crisis Intervention and Cognitive-Behavioural techniques used in casework.<br><b>Counselling Skills;</b> Empathy, Active Listening and Rapport building. | 15        |
|    | <b>Total</b>                                                                                                                                                                                                                                                                                                                                                                     | <b>75</b> |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Textbooks</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <ol style="list-style-type: none"> <li>1. Ahuja, N. A. (1995) Short Textbook of Psychiatry. New Delhi: Jaypee Brother</li> <li>2. Crider, et al. (1989). Psychology. New York: Scott. Foresman</li> <li>3. Fernald, L. D. &amp; Fernald, P. S. (1999). Introduction to Psychology. New Delhi: AITBS Publishers.</li> <li>4. Mangal, S. K. (2006). General Psychology. New Delhi: Sterling.</li> <li>5. Morgan, et al. (1997). Introduction to Psychology. New York: McCraw-Hillbook Co.</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Books for References</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <ol style="list-style-type: none"> <li>1. Bee, Helen. Mitchell, Sandra. (1984) The Developing Person-A Life Span Approach.Ed2, New York Harper and Ro.</li> <li>2. Benjamin A. Lahey, (1998). An Introduction to Psychology (Sixth Edition), New Delhi: Tata McGraw Hill.</li> <li>3. Compton, Beulah. Galway, (2005) Cournoyer, Social Work Processes. Ed 7, USA: Brooks Cole Learning,</li> <li>4. Coleman, James, (1976) Abnormal Psychology and Modern Life. Ed 5, Mumbai: D.B Taraporewala&amp; Sons</li> <li>5. Corner Ronald, J, (2012). Abnormal Psychology. New Delhi: Wisdom Press,</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>WEB RESOURCES</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <ol style="list-style-type: none"> <li>1. <a href="https://courses.lumenlearning.com/suny-hvcc-psychology-1/chapter/outcome-sensation-and-perception/">https://courses.lumenlearning.com/suny-hvcc-psychology-1/chapter/outcome-sensation-and-perception/</a></li> <li>2. <a href="https://www.sciencedirect.com/topics/psychology/learning-and-memory">https://www.sciencedirect.com/topics/psychology/learning-and-memory</a></li> <li>3. <a href="https://www.simplypsychology.org/personality-theories.html">https://www.simplypsychology.org/personality-theories.html</a></li> <li>4. <a href="https://www.yourarticlelibrary.com/motivation/motivation-theories-top-8-theories-of-motivation-explained/35377">https://www.yourarticlelibrary.com/motivation/motivation-theories-top-8-theories-of-motivation-explained/35377</a></li> <li>5. <a href="https://www.ncbi.nlm.nih.gov/books/NBK92254/">https://www.ncbi.nlm.nih.gov/books/NBK92254/</a></li> </ol>                                     |
| <b>Learning Sources</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>WEB RESOURCES</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <ol style="list-style-type: none"> <li>1. <a href="https://www.psychologydiscussion.net/educational-psychology/principles-of-human-growth-and-development/1813">https://www.psychologydiscussion.net/educational-psychology/principles-of-human-growth-and-development/1813</a></li> <li>2. <a href="https://courses.lumenlearning.com/wm-lifespandevelopment/chapter/periods-of-human-development/">https://courses.lumenlearning.com/wm-lifespandevelopment/chapter/periods-of-human-development/</a></li> <li>3. <a href="https://egyankosh.ac.in/bitstream/123456789/17142/1/Unit-1.pdf">https://egyankosh.ac.in/bitstream/123456789/17142/1/Unit-1.pdf</a></li> <li>4. <a href="https://ufhealth.org/puberty-and-adolescence">https://ufhealth.org/puberty-and-adolescence</a></li> <li>5. <a href="https://www.cliffsnotes.com/study-guides/psychology/psychology/developmental-psychology-">https://www.cliffsnotes.com/study-guides/psychology/psychology/developmental-psychology-</a></li> </ol> |

## CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

## FIRST YEAR – SEMESTER- II

| Subject Code | Subject Name                       | Category                         | L | T | P | S | Credits | Inst. Hours | Marks |          |       |
|--------------|------------------------------------|----------------------------------|---|---|---|---|---------|-------------|-------|----------|-------|
|              |                                    |                                  |   |   |   |   |         |             | CIA   | External | Total |
|              | <b>DYNAMICS OF HUMAN BEHAVIOUR</b> | <b>Elective Generic (DSE II)</b> | 4 |   |   |   | 3       | 4           | 25    | 75       | 100   |

### Course Outcome

**On completion of this course, Students will be able to**

CO1: To be aware of the application of psychology in social work practice

CO2: To analyze the process and aspects of human behaviour

CO3: To apply the psychological theories in social work practice

CO4: To understand the various disorders and their psychological process and to evaluate various intervention methods for the mental health of individual, group, and community

| UNIT | Contents                                                                                                                                                                                                                                                                                                                              | No. of Hours |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| I    | <b>Understanding Psychology and Human Behaviour:</b> Definition of Psychology. Approaches to understand Human Behaviour-various Schools of Psychology (Structuralism, Functionalism, psychoanalytic, Behaviouralism, Gestalt Psychology, Humanistic psychology. Relevance of Psychology in Social work practice                       | 15           |
| II   | <b>Determination of Human Behaviour:</b> Heredity and Environment<br><br>Life span perspective of Human Development-Importance of human growth and Development, Stages of Growth and Development<br><br>Dynamics of Human of Human Behaviour: Definition, Types( Biological Dynamics ,Psychological Dynamics, Socio Cultural Dynamics | 15           |
| III  | <b>Social Psychology and Human Behaviour:</b><br><br>Mental Health-meaning, Concept of Normality and Abnormality, Social biases of Behaviour and Adjustment.<br><br>Social Psychology-Social perception, Attitude formation, change and Measurement.                                                                                  | 15           |
| IV   | <b>Specific Disorders and Interventions:</b><br>Mental Health-Concept, Minor and Major mental disorders. Role of Social worker in Community mental health.<br>Classification and causes: ICD and DSM Symptomatology, Childhood Disorders-Specific Learning Disability, Child Sexual Abuse-Impact and Intervention.                    | 15           |
| V    | <b>Understanding Assessment and Intervention:</b><br>Intelligence, Personality and Collective Behaviour-Meaning, Nature and Classification.<br>Test in Psychology, Classification and Types-Intelligence Tests, Projective Tests, Behavioural Assessment, Personality tests, Self-reporting tests. Positive Psychology.               | 15           |
|      | <b>Total</b>                                                                                                                                                                                                                                                                                                                          | <b>75</b>    |



|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| <b>Textbooks</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <ol style="list-style-type: none"> <li>1. Betty, Carter, and Monica, McGoldrick, The Changing Family Life Cycle – A Framework for Family Therapy, II Ed</li> <li>2. David J. Bredehoft, Michael J. Walcheski, Family Life Education: Integrating Theory and Practice, Ingram</li> <li>3. Lane H. Powell, Dawn Cassidy, Family Life Education: Working with Families Across the Life Span, Waveland Press</li> <li>4. Sharma, Rajendra, (1997) K. Indian society – Institutions and Change. New Delhi: Atlantic,</li> <li>5. Rao Shankar, C.N. Principles of Sociology. New Delhi: S. Chand</li> </ol>  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <b>Books for References</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <ol style="list-style-type: none"> <li>1. Dhanagare, D., N. (1993) Indian Sociology. Jaipur and New Delhi: Rawat,</li> <li>2. Kaila, H., L., (2005), Women, Work and Family, New Delhi; Rawat Publications.</li> <li>3. Kapadia, K., M., (1968), Marriage and Family in India; Oxford University Press</li> <li>4. Marie, Mascarenhas, (1999), Family Life Education of Value Education.</li> <li>5. William, J., Goode, (1989), The Family; Prentice Hall of India, Pvt.Ltd., New Delhi</li> </ol>                                                                                                    |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <b>Web Resources</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <ol style="list-style-type: none"> <li>1. <a href="https://culturalatlas.sbs.com.au/indian-culture/indian-culture-family">https://culturalatlas.sbs.com.au/indian-culture/indian-culture-family</a></li> <li>2. <a href="https://www.egyankosh.ac.in/">https://www.egyankosh.ac.in/</a></li> <li>3. <a href="https://www.marriage.com/">https://www.marriage.com/</a></li> <li>4. <a href="https://www.betterhealth.vic.gov.au/">https://www.betterhealth.vic.gov.au/</a></li> <li>5. <a href="https://uk.practicallaw.thomsonreuters.com/">https://uk.practicallaw.thomsonreuters.com/</a></li> </ol> |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

### CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

## FIRST YEAR –SEMESTER- II

| Subject Code                                                                                                                                                                                                                                                                                                                                                                                                                                  | Subject Name                                                                                                                                                                                                                                                                                                            | Category                                | L | T | P | S | Credits | Inst. Hours | Marks |          |              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|---|---|---|---|---------|-------------|-------|----------|--------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                         |                                         |   |   |   |   |         |             | CIA   | External | Total        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>MARRIAGE AND LIFE EDUCATION</b>                                                                                                                                                                                                                                                                                      | <b>Skill Enhancement Course (SEC-2)</b> | 2 |   |   |   | 1       | 2           | 25    | 75       | 100          |
| <b>Course Outcome</b><br><b>On completion of this course, Students will be able to</b><br>CO1: To be aware of the concept and characteristics of marriage<br>CO2: To understand the values and role of family, school, and media in family life<br>CO3: To apply the knowledge of communication in family life<br>CO4: To analyze various reasons for the marital problems and to evaluate the welfare services in marital dispute settlement |                                                                                                                                                                                                                                                                                                                         |                                         |   |   |   |   |         |             |       |          |              |
| UNIT                                                                                                                                                                                                                                                                                                                                                                                                                                          | Contents                                                                                                                                                                                                                                                                                                                |                                         |   |   |   |   |         |             |       |          | No. of Hours |
| I                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>MARRIAGE</b> – a social institution. <b>Marriage</b> – meaning, definition. Marriage as an institution. Types of marriages, importance, and purpose of marriage. Marriages in India. Role of society, culture, religion, and family values in marriage. Premarital counseling – importance in premarital preparation |                                         |   |   |   |   |         |             |       |          | 15           |
| II                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>Family</b> – concept, and definition. Types of family. Characteristics and functions of the family. Family life cycle – Formative, expanding, and contracting stages. Problems at each stage of the cycle                                                                                                            |                                         |   |   |   |   |         |             |       |          | 15           |
| III                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>Family Life</b> – meaning and importance. Socialization process – concept and significance in shaping the individual behaviour. Adjustment in Married life: emotional, social and economic adjustment-conflict management-gender equality-work life balance-understanding personality differences.                   |                                         |   |   |   |   |         |             |       |          | 15           |

|    |                                                                                                                                                                                                                                                                                                                                                                                                            |           |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
|    |                                                                                                                                                                                                                                                                                                                                                                                                            |           |
| IV | <b>COMMUNICATION IN MARRIAGE</b><br><b>Communication</b> – meaning and importance. Communication in marriage – communication between partners, the importance of listening between partners. Handling conflicts in marriage, accepting the differences. Changing roles in men and women due to career development of women, an appropriate division of roles – importance                                  | 15        |
| V  | <b>Problems in Marital Life</b><br>Violence and harassment, dowry, addiction, extra – marital affair, marital rape, separation, divorce.<br>Psycho-social effects of divorce. Problems faced by single parents in society.<br>Legal implications in marriage and divorce.<br><b>Family Welfare Services</b> Pre-marital Counselling, Family Counselling Centres, Family Court, All Women’s Police Station. | 15        |
|    | <b>Total</b>                                                                                                                                                                                                                                                                                                                                                                                               | <b>75</b> |

#### Textbooks

6. Betty, Carter, and Monica, McGoldrick, The Changing Family Life Cycle – A Framework for Family Therapy, II Ed
7. David J. Bredehoft, Michael J. Walcheski, Family Life Education: Integrating Theory and Practice, Ingram
8. Lane H. Powell, Dawn Cassidy, Family Life Education: Working with Families Across the Life Span, Waveland Press
9. Sharma, Rajendra, (1997) K. Indian society – Institutions and Change. New Delhi: Atlantic,
10. Rao Shankar, C.N. Principles of Sociology. New Delhi: S. Chand

#### Books for References

6. Dhanagare, D., N. (1993) Indian Sociology. Jaipur and New Delhi: Rawat,
7. Kaila, H., L., (2005), Women, Work and Family, New Delhi; Rawat Publications.
8. Kapadia, K., M., (1968), Marriage and Family in India; Oxford University Press
9. Marie, Mascarenhas, (1999), Family Life Education of Value Education.
10. William, J., Goode, (1989), The Family; Prentice Hall of India, Pvt.Ltd., New Delhi

#### Web Resources

6. <https://culturalatlas.sbs.com.au/indian-culture/indian-culture-family>
7. <https://www.egyankosh.ac.in/>

8. <https://www.marriage.com/>
9. <https://www.betterhealth.vic.gov.au/>
10. <https://uk.practicallaw.thomsonreuters.com/>

#### CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

## FIRST YEAR –SEMESTER- II

| Subject Code | Subject Name   | Category            | L | T | P | S | Credits | Inst. Hours | Marks |          |       |
|--------------|----------------|---------------------|---|---|---|---|---------|-------------|-------|----------|-------|
|              |                |                     |   |   |   |   |         |             | CIA   | External | Total |
|              | Field work -II | Core Course(CC III) | 5 |   |   |   | 5       | 5           | 25    | 75       | 100   |

#### Course Outcome

On completion of this course, Students will be able to

CO1: Predict own behavior and analyze its impact.

CO2: Asses the skills to establish relationship with individuals, groups and communities.

CO3: Experience the activities of various agencies

CO4: Analyze the various projects of government and non-government organizations and develop report writing skill and understand role of professional Social Workers in

| different settings |                                                                                                                                        |              |
|--------------------|----------------------------------------------------------------------------------------------------------------------------------------|--------------|
| UNIT               | Contents                                                                                                                               | No. of Hours |
| I                  | <b>Networking.</b> (Concept, Types, Techniques, Relevance to social work)                                                              | 15           |
| II                 | <b>Need Analysis</b> (Concept, Procedure, Relevance to social work)                                                                    | 15           |
| III                | <b>Visual Aids Presentations</b><br>(Puppet Training)                                                                                  | 15           |
| IV                 | <b>Public Speaking.</b> (Concept, Techniques, Exercises)<br><b>Public Relations.</b> (Concept, Techniques, Relevance to social work) – | 15           |
| V                  | <b>Fund Raising</b> (Concept, Types, Techniques, Relevance to social work)                                                             | 15           |
| VI                 | <b>Networking.</b> (Concept, Types, Techniques, Relevance to social work)                                                              |              |
|                    | <b>Total</b>                                                                                                                           | <b>75</b>    |

## CO – PO – PSO Mapping (Course Articulation Matrix)

| CO                 | Pos      |           |          |           |          |          |          | PSOs      |           |          |          |          |          |          |
|--------------------|----------|-----------|----------|-----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|
|                    | 1        | 2         | 3        | 4         | 5        | 6        | 7        | 1         | 2         | 3        | 4        | 5        | 6        | 7        |
| CO1                | 3        | 2         | 1        | 2         | 1        | 1        | 1        | 3         | 2         | 1        | 2        | 1        | 2        | 1        |
| CO2                | 2        | 3         | 3        | 2         | 1        | 1        | 1        | 3         | 2         | 3        | 2        | 1        | 2        | 2        |
| CO3                | 2        | 3         | 2        | 3         | 1        | 2        | 1        | 3         | 3         | 2        | 3        | 2        | 2        | 2        |
| CO4                | 2        | 3         | 3        | 3         | 1        | 2        | 2        | 3         | 3         | 3        | 2        | 3        | 3        | 3        |
| <b>Total Score</b> | <b>9</b> | <b>11</b> | <b>9</b> | <b>10</b> | <b>4</b> | <b>6</b> | <b>5</b> | <b>12</b> | <b>10</b> | <b>9</b> | <b>9</b> | <b>7</b> | <b>9</b> | <b>8</b> |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

## FIRST YEAR – SEMESTER- II

| Subject Code                                                                                                                            | Subject Name          | Category     | L | T | P | S | Credits | Inst. Hours | Marks                  |          |       |
|-----------------------------------------------------------------------------------------------------------------------------------------|-----------------------|--------------|---|---|---|---|---------|-------------|------------------------|----------|-------|
|                                                                                                                                         |                       |              |   |   |   |   |         |             | CIA                    | External | Total |
|                                                                                                                                         | COMMUNICATIVE ENGLISH | SKILL LAB II | 2 |   |   |   | 1       | 2           | 25                     | 75       | 100   |
| <b>Course Outcome</b><br><b>On completion of this course, Students will be able to</b>                                                  |                       |              |   |   |   |   |         |             |                        |          |       |
|                                                                                                                                         |                       |              |   |   |   |   |         |             | <b>Taxonomy Levels</b> |          |       |
| CO1: To make students gain confidence in spoken English.                                                                                |                       |              |   |   |   |   |         |             | K1, K2, K3             |          |       |
| CO2: To realize their ability in addressing in English.                                                                                 |                       |              |   |   |   |   |         |             | K2, K3, K4             |          |       |
| CO3: To be mindfulness and choose appropriate vocabulary while speaking.                                                                |                       |              |   |   |   |   |         |             | K3, K4                 |          |       |
| CO4: To fostering effective public speaking skills and techniques and to become confident in attending interviews and facing the public |                       |              |   |   |   |   |         |             | K1, K3, K4, K5         |          |       |

| <b>UNIT</b> | <b>Contents</b>                                                                                                                                                                       | <b>No. of Hours</b> |
|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| I           | Introduction to Spoken communication, Building essential english Vocabulary, Construction of Sentences, basic grammar for spoken communication.                                       | 15                  |
| II          | Everyday Communication in English built on real-life situations. (Role Play/ Video based) Telephonic Communication, Zoom/ Google meet calls. Interview communication (Mock Sessions). | 15                  |
| III         | Public Speaking: Skills, Methods, Strategies and Essential tips for effective public speaking.                                                                                        | 15                  |
| IV          | Styles of communication- Vlogging, Ted Talks, Story Telling, standup comedy, Reviews.                                                                                                 | 15                  |
| V           | Confidence building, personal round interview preparation, and cover letter writing.                                                                                                  | 15                  |
|             | <b>Total</b>                                                                                                                                                                          | <b>75</b>           |

**Text Books:**

1. Narula. N.K. 2012. A Textbook of Communicative English. Ane Books Pvt. Ltd
2. Thakur. D. 2010. The Phonetics and Phonology of English. Bharati Bhawan Publishers & Distributors.
3. Renu Anand and Gayatri Khanna. 2015. New Oxford Communicative English Resource Book. Oxford.
4. Sureshkumar, E. and Sreehari, P. 2007. Communicative English. Orient BlackSwan.
5. Suruchi Tyagi. 2009. Textbook of Communicative English. Self Published.

**Books for References:**

1. Harmer, Jeremy (1991): The practice of English language teaching. London.
2. Keith Johnson. 1983. Perspectives in Communicative Language Teaching. Academic Press.
3. Birjandi, Parviz/Nourozi, Mahdi/Mahmoodi, Gholam Hussain (2005): English Book 2. Tehran.
4. Birjandi, Parviz/Nourozi, Mahdi/Mahmoodi, Gholam Hussain (2005): English Book 3. Tehran.
5. Birjandi, Parviz/Soheili, AbolGhasem/Nourozi, Mahdi/Mahmoodi, Gholam Hussain (2005): English Book 1. Tehran.

**Web Resources:**

1. <https://www.valamis.com/hub/communication-styles>
2. <https://www.scribd.com/document/356463382/Communicative-English-Book-PDF>
3. <https://fliphtml5.com/pbloa/jcnb/basic>
4. <https://studymaterialz.in/tag/communicative-english-book-pdf-free-download/>
5. <https://techbse.com/revised-books-communicative-english-101-class-9-literature-reader-main-course-book-workbook>

**CO – PO – PSO Mapping (Course Articulation Matrix)**

| CO  | Pos |   |   |   |   |   |   | PSOs |   |   |   |   |   |   |
|-----|-----|---|---|---|---|---|---|------|---|---|---|---|---|---|
|     | 1   | 2 | 3 | 4 | 5 | 6 | 7 | 1    | 2 | 3 | 4 | 5 | 6 | 7 |
| CO1 | 3   | 2 | 1 | 2 | 1 | 1 | 1 | 3    | 2 | 1 | 2 | 1 | 2 | 1 |
| CO2 | 2   | 3 | 3 | 2 | 1 | 1 | 1 | 3    | 2 | 3 | 2 | 1 | 2 | 2 |
| CO3 | 2   | 3 | 2 | 3 | 1 | 2 | 1 | 3    | 3 | 2 | 3 | 2 | 2 | 2 |



|                    |   |    |   |    |   |   |   |    |    |   |   |   |   |   |
|--------------------|---|----|---|----|---|---|---|----|----|---|---|---|---|---|
| <b>CO4</b>         | 2 | 3  | 3 | 3  | 1 | 2 | 2 | 3  | 3  | 3 | 2 | 3 | 3 | 3 |
| <b>Total Score</b> | 9 | 11 | 9 | 10 | 4 | 6 | 5 | 12 | 10 | 9 | 9 | 7 | 9 | 8 |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High

## Methods of social Work

### Semester II

| Subject Code | Subject Name                                                 | Category     | L | T | P | S | Credits | Inst. Hours | Marks |          |       |
|--------------|--------------------------------------------------------------|--------------|---|---|---|---|---------|-------------|-------|----------|-------|
|              |                                                              |              |   |   |   |   |         |             | CIA   | External | Total |
|              | Nan Muthalvan-Subject Specific Paper- Methods of Social Work | SKILL LAB II |   |   |   |   | 2       |             |       | 100      | 100   |

#### Course Outcome

On completion of this course, Students will be able to

|                                                                                                 |
|-------------------------------------------------------------------------------------------------|
|                                                                                                 |
| CO1: To Understand Social Work Values and Ethics                                                |
| CO2: To Develop Interpersonal Communication Skills                                              |
| CO3: To Learn Assessment and Intervention Techniques                                            |
| CO4: To Cultivate Cultural Competence and to Foster Problem-Solving and Decision-Making Skills: |

## UNIT-1

**Relationship with other social sciences**-Sociology, Anthropology,  
Economics, Psychology

## UNIT-2

**Working with Individuals and Groups:** Meaning, principles and Process

## UNIT-3

**Community Organization:** Working with Communities: definition-objectives-principles-phases of community organization

## UNIT-4

**Social Work Administration:** Evolution of Social Welfare Administration, Agency Administration, Elements of Administration.

## UNIT-5

**Social Work Research and Social Action:** Social Work Research: Definition, Meaning, Importance of social work research .Social Action -Definition, Principles, Strategies of Social Action, Meaning and concept of Advocacy and Lobbying

### Books for Reference

1. Agarwal,H.OInternationalLawandHumanRights2002CentrallawPublications
2. Alok Chakravati Protecting Humanrights2003ReferencePress
3. BajwaG.SHumanrightsIndia1995 Anmol Publishers
4. Gupta,D.NHumanRightsActs,StatutesandConstitutional2003KalpazPublications
5. Jayashre.P.MDalithumanRightsViolationVol.12000NationalCampaign
6. Khanna,H.RTheJudicialSystem198011P.A,NewDelhi
7. RamphalPerspectivesinhumanrights2001Rajatpublication

CO – PO – PSO Mapping (Course Articulation Matrix)

| CO          | Pos |    |   |    |   |   |   | PSOs |    |   |   |   |   |   |
|-------------|-----|----|---|----|---|---|---|------|----|---|---|---|---|---|
|             | 1   | 2  | 3 | 4  | 5 | 6 | 7 | 1    | 2  | 3 | 4 | 5 | 6 | 7 |
| CO1         | 3   | 2  | 1 | 2  | 1 | 1 | 1 | 3    | 2  | 1 | 2 | 1 | 2 | 1 |
| CO2         | 2   | 3  | 3 | 2  | 1 | 1 | 1 | 3    | 2  | 3 | 2 | 1 | 2 | 2 |
| CO3         | 2   | 3  | 2 | 3  | 1 | 2 | 1 | 3    | 3  | 2 | 3 | 2 | 2 | 2 |
| CO4         | 2   | 3  | 3 | 3  | 1 | 2 | 2 | 3    | 3  | 3 | 2 | 3 | 3 | 3 |
| Total Score | 9   | 11 | 9 | 10 | 4 | 6 | 5 | 12   | 10 | 9 | 9 | 7 | 9 | 8 |

Level of Correlation between COs and POs, COs and POs

0 – No Correlation

1 – Low

2 – Medium

3 – High